



# **LEARN TO SKATE 2009-2010**

MONDAYS, 6:15-7:45pm in 1/2 hour increments, Naga-Waukee Ice Arena, Delafield

## **Class Description and Pricing:**

## **Snowplow Sam 1-3**

Is designed to help preschool age children develop preliminary coordination and strength necessary to maneuver on skates. After completing Snowplow Sam levels 1-3 the child is ready to move directly to Basic 2.

#### Basic 1-8

The Basic Skills Curriculum is designed to introduce the fundamentals of the sport in a progressive approach.

### Adult 1-4

The Adult Curriculum introduces the basics of ice skating to the adult skater.

#### Free skate 1-7

After completing Basic 8 the skater learns the jumps, spins, moves in the field and dance step sequences and other free skating elements of the sport.

## **Synchro**

The Synchro Curriculum is to offer the opportunity to introduce skaters to elementary holds, formations and transitions. Emphasis is on line and positions rather than difficulty of steps. Skaters must pass <u>Basic 5</u> before beginning Synchro 1. Opportunity for further involvement following basic skills lessons is available through the Wisconsin Figure Skating Club. After completing Synchro 4, a skater may be prepared to join the Wisconsin Figure Skating Club's Wisconsin Edge Synchro Team.

## Hockey 1-4

The hockey curriculum is designed to teach the fundamentals of hockey skating. In four badge levels, skaters learn to maneuver faster and be more agile on the ice. Proper skating techniques are the primary focus of the curriculum. Skaters are taught without a stick or puck.

Session 1	Session 2	Session 3	Session 4	Session 5
9/21/09-	11/09/09-	1/11/10-	3/01/10-	4/26/10-
11/02/09	12/21/09	2/22/10	4/19/10	5/24/10
7 Week	7 Week	7 Week	7 Week	5 Week
Session	Session	Session	Session	Session
	Holiday Party 12/21/09		Off on 04/05/10	Family Fun Night 5/24/10

September 14th we will be having a free skating event, called Skate with Snoopy, sponsored by Met-Life & WFSC.

January 4th will be an open house for National Skating Month and to get ready for the Olympic Games.

Session 1 cost: \$105.00/session Session 2 cost: \$105.00/session Session 4 cost: \$105.00/session

Session 5 cost: \$75.00/session

## **Cost Includes:**

Skater #1 Name:

30 minute lessons
30 minute assigned practice ice
USFSA Patch can be purchased for \$1 upon passing level

Multiple skaters from one family discount \$10 off each additional registered skater. Multiple session sign up at same time, discount \$10 off total.

Please take the discount off of the payment.

Skate rental is available at the rink for \$1 per time.

### DEADLINE FOR REGISTRATION: 1 week before each session

Registration accepted by mail or online at www.wisconsinfsc.org. Also, there will be a registration night/Skate with Snoopy on Monday, September 14th at 6pm at Naga-Waukee Ice Arena. For more information, please contact:

Melissa Ahrens 414-545-5739 (H) 414-232-2269 (cell) or LearnToSkate@wisconsinfsc.org

Make your check payable to WFSC (Wisconsin Figure Skating Club) and mail with registration to:

Age:

WFSC, C/O Melissa Ahrens 2058 South 83rd Street West Allis, WI 53219

Date of Birth			<b>3</b>	
Session:	Class:	Level:	Time:	
			Age:	
Date of Birth	<del></del>			
Session:	_ Class:	Level:	Time:	
			Age:	
Date of Birth Session:	Class:	Level:	Time:	
Address:				
City:			State:Zip:	
Phone:			•	
E-mail:				
Have you taken les YES NO	sons with the W	FSC before?		
Club, and its instructors a Parent/Guardian Name (F Signature of Applicant:	nd/or supervisors from Please print):	n any claims due to loss or in	s agents and employees, the N njury in the course of instructio	on or in the use of the facilities.
(or Parent/Guardian if app	olicant is under 18 yea	ars old)		

# www.wisconsinfsc.org